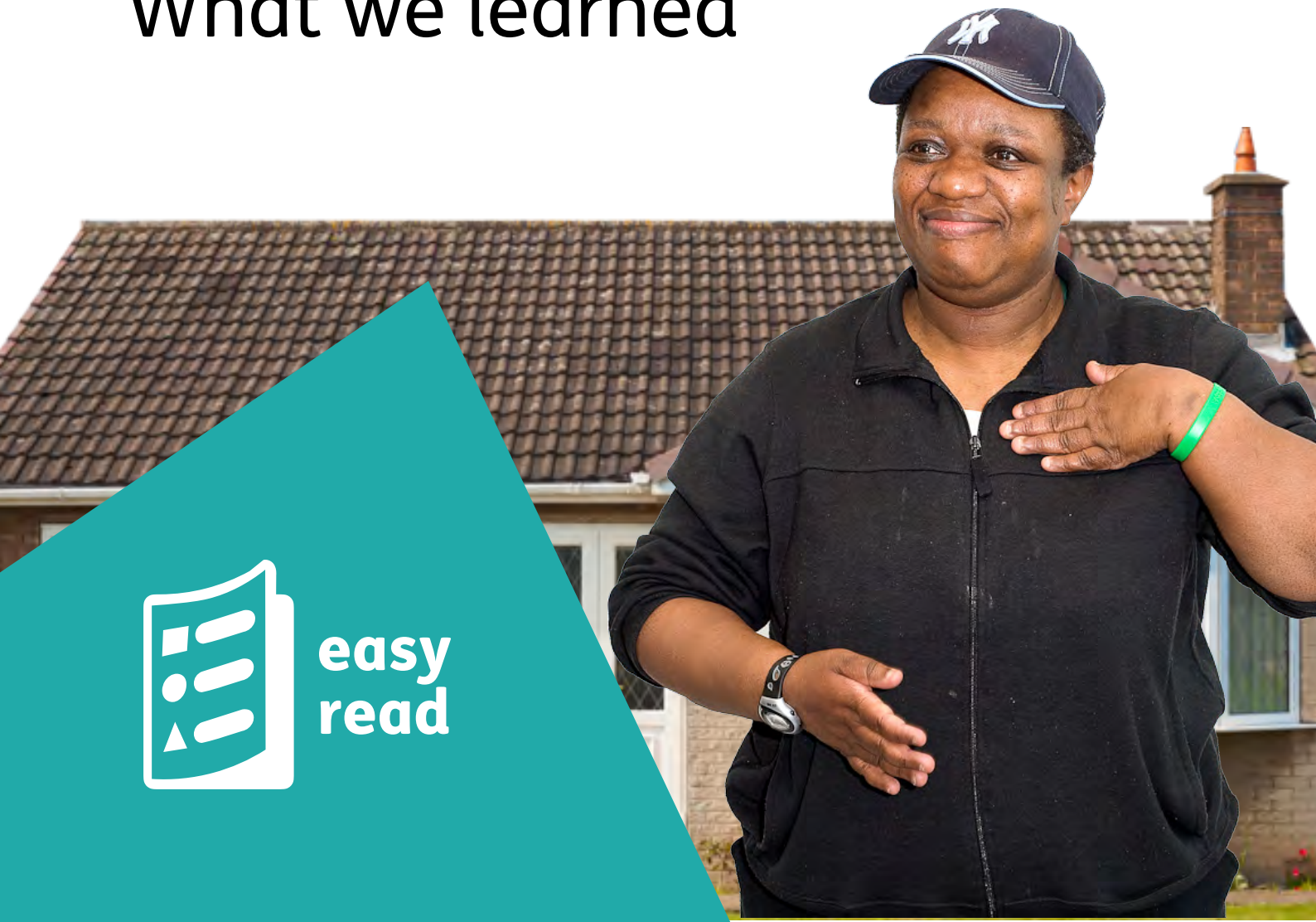




Helping disabled people to live independently

What we learned



easy
read

Contents

	Page
Introduction	2
About DRILL	4
How DRILL helped disabled people	6
What we have learned from DRILL	8
Organisations that worked on DRILL	10



In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

Introduction



The National Lottery Community Fund (TNLCF) has been providing money for **research** about how to help disabled people live independently.



Research is when you collect information to find out about something.



We called the research ‘Disability Research on Independent Living and Learning’ (DRILL).



The research was done by a group of organisations working together.



This document will tell you what the research found out.

About DRILL



DRILL is part of a plan called 'Research for Impact: Disabled People'.

The plan aims to speak to disabled people to:



- help them to live independently
- involve them in decisions about government rules and services.

DRILL has 4 main aims. They are:



1. To help disabled people to live independently and make the most of their lives.



2. To provide information that helps with government rules and services for disabled people.



3. To improve disabled people's **wellbeing**, give them more choice and better control over their lives.

Wellbeing means feeling happy and healthy in your body and mind.



4. To make sure disabled people have a say in decisions about services that affect them.

How DRILL helped disabled people



Nearly 5 thousand people joined in with DRILL.



DRILL has helped to start lots of research and projects which involve disabled people in decisions.



Involving disabled people and asking for their views has been very helpful.



Over 300 disabled people were leaders of DRILL projects. Through being involved with DRILL, they have:

- found new jobs
- learned new skills



- increased their confidence



- felt like they mattered.



It has been hard for DRILL to change any government rules, but we hope that will happen in future.



Some local organisations and services have changed the way they do things because of DRILL.

What we have learned from DRILL



We think DRILL has been a success, but more work needs to be done to help change government rules and services in the future.



DRILL has shown that it is important to:

- collect information from disabled people so it can be used to change things



- involve disabled people in decisions that affect them



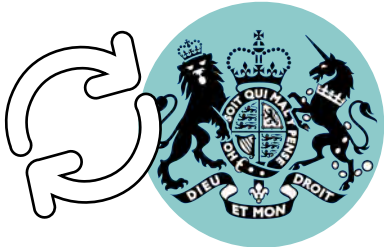
- work together with organisations that are run by disabled people, for disabled people.

Things to do in the future



To build on the work done by DRILL, we should:

- create guides on how to work with disabled people and their organisations



- use the information that has been collected to affect decisions made by the government



- make a website that shows all the things that DRILL has achieved.



We will need to try and make sure there is more money to do all these things.

Organisations that worked on DRILL



DRILL has been run by 4 disabled people's organisations across the UK:



- Disability Action is in charge, and provides DRILL in Northern Ireland.



Disability Action - tries to make sure that disabled people are included and get their **rights**.

Rights are things you are allowed to have and do by law.



- Disability Rights UK - working to make sure disabled people are treated equally. It provides DRILL in England.



- Disability Wales - working to make things equal for disable people and to make sure they get their rights. It provides DRILL in Wales.



- Inclusion Scotland - a group of organisations of disabled people. They aim to make things better for disabled people in Scotland. Inclusion Scotland delivers DRILL in Scotland.